

## WHY ARE SCHOOLS SWITCHING TO SCENT-FREE CLEANING PRODUCTS?

### FRAGRANCE IS AIR POLLUTION

The EPA states that:

“Indoor levels of air pollutants can be 2-5 times higher, and occasionally 100 times higher, than outdoor levels.”

**Fragranced products have been shown to:**

- create and trigger breathing issues, including asthma and coughing.
- contribute to ADHD, sensory issues, mood disorders, behavioral issues and difficulty concentrating.
- create primary and secondary VOC's including formaldehyde and benzene.

**Too many children are forced to stay home due to negative health effects from exposures to:**

- air fresheners
- scented cleaning products, wipes and sanitizers
- scented hand sanitizers and lotions
- scented deodorants
- scented laundry products
- scented personal care products

**Many teachers and staff are being forced to leave the profession due to health consequences.**

Everyone suffers when teachers suffer.

Please share this information with your school board.

**You can help by switching to scent-free products.**

This includes laundry products, deodorants, lotions, hand sanitizers, soap and personal care products.

GO FRAGRANCE-FREE  
JUST FOR ME!

See citations at: [www.fragrancefreecoalition.com](http://www.fragrancefreecoalition.com)



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# Do Fragrances Compromise Your Health?



Air Fresheners



Cleaning



Baby/Child



Household



Feminine Care



Cosmetics

## Fragrance exposures may cause or worsen:

Acne Like Skin Issues	Hormone Disruption
Aggressive Behavior Problems	Hyperactivity
Airborne Contact Dermatitis	Immune System Problems
Allergies	Incoordination
Anaphylaxis	Infertility
Asthma	Inflammation
Atopic Dermatitis	Insulin Resistance
ADD / ADHD	Itching
Autism	Joint pain
Bloating	Lethargy
Breathing Difficulty	Kidney / Liver Damage
Cancer	Menstrual Irregularities
Chest Discomfort / Tightness	Migraine / Headache
Cognitive Problems	Muscle Pain
Congestion	Nasal Irritation
Contact Dermatitis / Urticaria	Nausea
Convulsions	Numbness
Coughing	Obesity
Cramping	PCOD
Decreased Fertility	Pulmonary Inflammation
Depigmentation	Rashes
Depression / Maternal Depression	Rhinitis
Diabetes	Seizures
Diarrhea	Sensory Irritation
Difficulty Concentrating	Skin Redness
Difficulty Remembering	Skin Sensitization
Dizziness	Skin Tingling
Ear Ache	Sneezing
Eczema	Sore Throat
Eye Irritation	Sperm Damage
Facial Swelling	Swollen Lymph Nodes
Fainting	Thyroid Disorder
Fatigue	Tremors
Fetal Brain Development	Vomiting
Hives	Wheezing

Symptoms & Conditions are from Published Research



Laundry



Perfume/Cologne



Pets



Vehicle



Medication



The Absurd



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