

# Do Fragrances Compromise Your Health?

## Fragrance exposures may cause or worsen:

- |                                  |                          |
|----------------------------------|--------------------------|
| Acne Like Skin Issues            | Hormone Disruption       |
| Aggressive Behavior Problems     | Hyperactivity            |
| Airborne Contact Dermatitis      | Immune System Problems   |
| Allergies                        | Incoordination           |
| Anaphylaxis                      | Infertility              |
| Asthma                           | Inflammation             |
| Atopic Dermatitis                | Insulin Resistance       |
| ADD / ADHD                       | Itching                  |
| Autism                           | Joint pain               |
| Bloating                         | Lethargy                 |
| Breathing Difficulty             | Kidney / Liver Damage    |
| Cancer                           | Menstrual Irregularities |
| Chest Discomfort / Tightness     | Migraine / Headache      |
| Cognitive Problems               | Muscle Pain              |
| Congestion                       | Nasal Irritation         |
| Contact Dermatitis / Urticaria   | Nausea                   |
| Convulsions                      | Numbness                 |
| Coughing                         | Obesity                  |
| Cramping                         | PCOD                     |
| Decreased Fertility              | Pulmonary Inflammation   |
| Depigmentation                   | Rashes                   |
| Depression / Maternal Depression | Rhinitis                 |
| Diabetes                         | Seizures                 |
| Diarrhea                         | Sensory Irritation       |
| Difficulty Concentrating         | Skin Redness             |
| Difficulty Remembering           | Skin Sensitization       |
| Dizziness                        | Skin Tingling            |
| Ear Ache                         | Sneezing                 |
| Eczema                           | Sore Throat              |
| Eye Irritation                   | Sperm Damage             |
| Facial Swelling                  | Swollen Lymph Nodes      |
| Fainting                         | Thyroid Disorder         |
| Fatigue                          | Tremors                  |
| Fetal Brain Development          | Vomiting                 |
| Hives                            | Wheezing                 |

Symptoms & Conditions are from Published Research



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