

American Medical Association Recognizes Fragrance Sensitivity:

The **American Medical Association (AMA)** adopted **Policy H-135.902, “Fragrance Regulation,”** at its Annual Meeting in Chicago in June 2025.

This landmark decision acknowledges the struggles of individuals who experience serious health effects from chemical and fragrance exposure and paves the way for improved access, protections, and awareness.

The American Medical Association’s new policy includes:

- “...recognizes that some environmental exposures may have the potential to substantially **limit major life activities** of an individual with fragrance sensitivity...”
- “...encourages health care facilities, government agencies, and nonprofit organizations **to adopt and promote fragrance-free policies...**”
- “...supports the identification of fragrance allergens and disclosure of fragrance ingredients as part of labeling of personal care products, cosmetics, and drugs.”

The new AMA policy is consistent with the definition of a disability in federal law.* By adopting this policy, the AMA underscores that fragrance sensitivity can be a disabling condition.

To read full Fragrance Regulation, H-135.902 search:
AMA PolicyFinder or scan this QR code:



The Fragrance Free Coalition welcomes this critical step toward reducing barriers to healthcare. We endorse AMA’s call for all healthcare facilities, government agencies, and non-profits to adopt fragrance-free policies.

* Americans with Disabilities Act <https://www.ada.gov/topics/intro-to-ada/>

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